

ONE WAY

PROGRAMME & RACE RULES

The Marcialonga Organising Committee, in co-operation with the Cornacci Ski Team Tesero, organises on 30th and 31st of January 2016 the "Marcialonga Young", a promotional cross country ski race, in classic technique open to young skiers (born from 1996 to 2003), members of the National Associations belonging to F.I.S.

CATEGORIES

M – L 2003 - 2002 M – L 2001 - 2000 M – L 1999 - 1998 M – L 1997 - 1996

ENTRIES

Entries are possible not later than Friday 29th January at 12.00 a.m., sending the <u>enclosed entry-form</u> accompanied by the receipt of the payment of the entry-fee of $10,00 \in$, to the fax number 0039-0462-501120 or to the mail address entry@marcialonga.it.

The payment must be done to the bank Cassa Rurale di Fiemme - 38037 Predazzo – Italy

IBAN IT27S081843528000000083816 - Swift CCRTIT2T50A

On the entry-form all personal details must be clearly written. Entries which are incomplete or without the entry-fee will not be accepted.

The number of entries reserved to foreign athletes is limited to 50.

RACE OFFICE

Start-numbers will be distributed in the race office in Lago di Tesero:

SATURDAY	30.01.2016	from 1.00 p.m. till 2.0 p.m.	M – L 2003 - 2002			
SUNDAY	31.01.2016	from 7.30 a.m. till 8.30 a.m.	M – L 2001 - 2000 M – L 1999 - 1998 M – L 1997 - 1996			
COURSE						
4 km Lago di Tesero			M – L 2003 - 2002			
9 km Lago di Tesero – Cascata - Cavalese			M – L 2001 - 2000			
14 km Lago di Tesero – Molina di Fiemme – Cavalese			L 1999 – 1998 – L 1997 – 1996 M 1999 – 1998 – M 1997 – 1996			

TECNIQUE

The race is in classic technique; the free technique is forbidden and leads to disqualification: this will be strictly supervised all along the course by the officials in charge. The waxing of the skis is also forbidden The Jury has the right to penalise or disqualify the competitors who break these rules. Competitors who deliberately linger on the track or are no longer able to continue the race, will be disqualified.

START

Lago di Tesero – Cross-country Ski Stadium

30.01.2016	2.30 p.m.	Mass Start	M – L 2003 - 2002
31.01.2016	8.45 a.m.	Mass Start	M 2001 – 2000
31.01.2016	8.50 a.m.	Mass Start	L 2001 – 2000, L 1999 – 1998, L 1997 – 1996
31.01.2016	9.00 a.m.	Mass Start	M 1999 – 1998, M 1997 – 1996

GATES

Molina di Fiemme	09.30 a.m.
Cascata fork	09.45 a.m.
Cascata street	10.00 a.m.

PRIZE GIVING CEREMONY

The top three of each category will be awarded: Saturday 30.01.2016 straight after the ceremony of winners of the Minimarcialonga Sunday 31.01.2016 straight after the finish.

PROTEST

Protests must be delivered to the Jury within 15 minutes after the end of the race, accompanied by $50,00 \in$. The fee will be refunded if the protest is accepted.

TEAM CAPTAINS MEETING

The TCM is scheduled Friday 29th at 5.00 p.m. in the Race Office – Lago di Tesero

NOTICE

The Organising Committee has the right to vary these race-rules, to make changes to the course or to cancel the race.

Competitors acknowledge and accept these regulations by sending the entry-form, exempting the Organising Committee from any liability in case of damage done or suffered. For any other matter not in the present rules, it is to be considered the F.I.S. Guidelines for promotional races.