

LA STAFFETTA



The Marcialonga Committee organizes on Sunday September 2nd 2018, a **relay race**, open to all persons aged at least 16 years old on the date of the event.

The 26-km course is divided into 3 fractions:

1. Moena – Predazzo: 10 Km
2. Predazzo – Lago di Tesero: 8 km
3. Lago di Tesero – Cavalese: 8 km

Each team (**male/female or mixed**) must consist of **3 people**. Entries will only be accepted per team. Individual registrations are not possible.

Each team member must provide a **medical certificate** of eligibility for the practice of non-competitive or competitive sport activities. The certificate must be enclosed with the entry-form or delivered at the race number pick-up, otherwise participation will not be allowed. If a person is unable to submit a copy of the certificate, a signed [declaration of possession of medical certification](#) must be submitted.

The **registration** is possible filling in the [entry-form](#) with all requested personal details.

The **payment** can be done with bank transfer on IBAN IT27S081843528000000083816 SWIFT/BIC CCRTIT2T50A Cassa Rurale di Fiemme.

The **entry- form** must be sent with the copy of the payment via email entry@marcialonga.it or fax +39 0462 501120. Incomplete entry-forms or without the payment will not be accepted.

The team order can be changed until Friday 31st August sending the request via email info@marcialonga.it

The entry gives the right to compete in the race, to receive the goody bag and to use all the services provided by the Organising Committee: drink and food stations, transport of clothes from Moena to Cavalese, medical assistance, shuttle bus, shower, pasta party, massage and to receive the medal at the finish. Every other expense is charged to the competitor.

The **entry-fee** is:

- 60,00 € until 2nd August
- 75,00 € from 3rd until 31st August
- 90,00 € on Saturday 1st September - deadline.

If one or more members of the team cannot take part in the race, the O.C. gives the possibility to ask for name change. The request must be sent via email info@marcialonga.it or fax +39 0462.501120, with all the data of the new racer, within the 31st August. The fee for the name change is 10,00 € (for each name replaced) that will be requested at the bib collection.

Entry-fees will not be returned for any reason.

The exchange of bibs among competitors is forbidden and can lead to disqualification.

Start-numbers and **goody bags** must be collected at the Race Office in Moena - Navalge Theatre during the following hours:

- Saturday, 1st September: 9.30 a.m. - 12.30 p.m. and 2.30 p.m. - 7.00 p.m.
- Sunday, 2nd 3 September: 7.30 a.m. - 9.00 a.m.

A member of the team can pick up all the numbers and bags presenting the Personal ID card or passport and the required documents, if not sent with the entry form.

For each team, it will be recorded the total time and the time of each leg. The team with the best time will be awarded during the official prize giving ceremony of the 16th Marcialonga Coop.

The **start** of the **first leg** is in Moena main square after the start of the Marcialonga Coop. The access to the starting gate is possible when all the runners of the main race have left the area.

The **change point** for the runners of the **second and third leg** is in Predazzo main square and in Lago di Tesero Cross-Country Ski Stadium. The **change** between athletes is a **with a touch**.

The **finish** is in Cavalese, where the last leg will receive the medal for all the members of the team.

The **time limit** is settled in 3 hours and 30 minutes. Two **time-gates** will be set in Predazzo at 10:50 am and in Lago di Tesero at 11:50 am.

Deposit for bags: the runners of the **first leg** can deliver the bag at the start; the organisation will transport it to the finish area. For the **second and third legs**, there is no transport service but the "switch and get back" system will be used. Each athlete will give the bag to the next team member who will deposit it on his behalf in the storage areas arranged in the change zone.

Arrival of the intermediate legs: participants will find refreshment at the end of each leg. It is possible to pick up the personal bag in the storage area and a shuttle bus will provide to transport the runners to the finish area in Cavalese, where all the services are available.

There are **drink stations** along the course and a final one in the finish area. We invite the competitors to use the waste bins provided and not throw the garbage overboard.

The use of **private assistance** is strictly forbidden and leads to disqualification. An appropriate assistance is provided by the organisation. It is not allowed the use of poles or to run in spikes.

For circumstances beyond one's control, the Organising Committee can decide to **make changes** to the course **or cancel** the race. In case of cancellation, entry-fee will not be returned.

It must be clear that to take part in the Relay by Marcialonga Running Coop it is necessary to be **physically and technically well-prepared**: for this reason, each competitor must be personally responsible for his/her own sport health.

The Organising Committee is authorized to apply penalties or disqualify competitors for **unsportsmanlike behaviour** during the event. The Organising Committee holds the right to carry out random controls on the competitors to check that they have not used any forbidden stimulant or drug.

By sending the entry-form, competitors acknowledge and accept these rules, exempting the Organising Committee from any liability in case of damage done or suffered.