



GIRO DEI LAGHI DI LEVICO E CALDONAZZO
GARA INTERNAZIONALE SU STRADA DI 30 KM
LATRENTATRENTINA.COM

NON SOLO RUNNING
Amateur Sports Association

LA 30 TRENTINA RULES

22 September 2019

The “ASD NON SOLO RUNNING”, in agreement with the municipalities of Levico Terme, Pergine Valsugana, Caldonazzo and Calceranica al Lago, the Tourist Board Valsugana-Lagorai, the Alta Valsugana and Bersntol Community, the Autonomous Province of Trento and the Region Trentino Alto-Adige, organises the 8th La 30 Trentina, an international 30.2-km road race. The competition belongs to the international calendar of: IAAF (International Associations of Athletics Federations) - FIDAL (Athletics Italian Federation).

Date and location: Levico Terme, Sunday 22 September 2019

Starting line: Via Vittorio Emanuele, h. 10:00, Levico Terme

Finish line: Parco Segantini, Levico Terme

Maximum time to finish: 3h 45'

Gate at km 16: 2h 00'

Gate at km 21: 2h 38'

Average temperature: 18°C

The route, the refreshment stations and the timing service will remain active after the gate closing, but roadside assistance will not be ensured.

PARTICIPATION REQUIREMENTS

ATHLETES LIVING IN ITALY

According to the rules for organising competitions set forth by FIDAL, athletes living in Italy who are at least 20 y.o. (at the time of the competition) can participate, if belonging to the following categories: athletes who are members of clubs affiliated with FIDAL in 2019; athletes with Runcard and medical certificate for competitive athletics (the card can be requested online at www.runcard.com); athletes who are members of a club affiliated to a Sports Promotion Body (in athletics), who are in possession of a valid Italian Runcard-EPS and of a medical certificate for competitive athletics. The card can be requested online at www.runcard.com.

ATHLETES LIVING ABROAD

According to the rules for organising competitions set forth by FIDAL, Italian/non Italian athletes living abroad who are at least 20 y.o. (at the time of the competition) can participate, if belonging to the following categories: athletes who are members of foreign federations affiliated with IAAF (when registering, athletes must declare to be members of the club. The original copy of the self-certification must be signed at the bib collection.); athletes who are in possession of a valid Italian Runcard (also valid as sports insurance and permit to participate) and of a medical certificate for competitive athletics; non-Italian athletes may request the Italian Runcard by paying a fee of € 10,00 and contacting us at the following e-mail address: tesseramento@latrentatrentina.com.

NON-AFFILIATED ATHLETES AGREEMENT

When registering on www.endu.net, athletes who are not members of any club may request to become members of A.S.D. NON SOLO RUNNING, which is affiliated with FIDAL by paying a fee of € 25.00 (valid from 1 January 2019 to 31 December 2019). They must send a copy of their medical certificate for competitive ATHLETICS, valid on the day of the event (expiring after 22/09/2019), a copy of their valid ID, tax number and a photo (close-up, low resolution) to the following e-mail address: tesseramento@latrentatrentina.com.



GIRO DEI LAGHI DI LEVICO E CALDONAZZO
GARA INTERNAZIONALE SU STRADA DI 30 KM
LATRENTINA.COM

NON SOLO RUNNING
Amateur Sports Association

The medical certificate for competitive athletics must not be expired in order to become a member of the club. When the medical certificate for competitive athletics expires, the membership is to be considered suspended. Athletes are responsible to send to A.S.D. NON SOLO RUNNING their new valid medical certificate for competitive athletics.

HOW TO REGISTER TO THE 8TH LA 30 TRENTINA

ONLINE REGISTRATION: You can register ONLINE by credit card, Paypal, Satispay, instant bank transfer or bank transfer by filling in the form on the official website <https://www.endu.net>. Your entry will be automatically registered.

For any further information, you may contact us by sending an e-mail to:

registration e-mail address: iscrizioni@sdam.it

information e-mail address: segreteria@sdam.it

REGISTRATION DEADLINE

Upon reaching 2 500 enrolled athletes but not later than Wednesday, 18 September 2019, at 12:00 midnight. It is possible to register on Saturday, 21 September 2019, from 2:00 pm to 7:30 pm at PalaLevico (Levico Terme, Italy) upon availability. The registration fee will be € 50.00 + charges.

BIB AND RACE-PACK COLLECTION

Registered athletes can collect their bibs and chips (to be fixed on the shoelace) at PalaLevico on

- Saturday, 21 September 2019, from 2:00 pm to 7:30 pm.
- Sunday, 22 September 2019, from 7:15 am to 9:30 am.

It is also possible for athletes to delegate someone to collect their race packs and bibs. Delegates must present the registration confirmation together with all the documents required therein.

BIB DEPOSIT

A deposit of €10.00 for the chip will be asked when collecting the bib. The deposit (€ 10.00) will be returned when bringing the chip back at the end of the race in the dedicated area.

REGISTRATION FEES

- € 22.00 from 10/02/2019 to 31/03/2019 + charges
- € 27.00 from 01/04/2019 to 26/05/2019 + charges
- € 32.00 from 27/05/2019 to 12/08/2019 + charges
- € 37.00 from 13/08/2019 to 12/09/2019 + charges
- € 42.00 from 13/09/2019 to 18/09/2019 +(until 12:00 midnight)
- € 50.00 on Saturday, 21/09/2019 from 2:00 pm to 7:30 pm at PalaLevico.

By the payment of the registration fee, the organisation is relieved of any penal or civil responsibility on what may occur to persons/objects before, during and after the event.

REGISTRATION FEE INCLUDES:

NON SOLO RUNNING
Amateur Sports Association
via Diaz n. 27 - 38058Levico Terme (TN)
Tax Number 02230570224



GIRO DEI LAGHI DI LEVICO E CALDONAZZO
GARA INTERNAZIONALE SU STRADA DI 30 KM
LATRENTINA.COM

NON SOLO RUNNING
Amateur Sports Association

- medical assistance;
- insurance;
- official medal for the first 2 500 athletes who will finish the 30-km race;
- official race pack;
- race bib;
- timing service;
- refreshment station at the starting area;
- refreshment stations along the route;
- refreshment station at the arrival area;
- bag storage service;
- shuttle service to the arrival area for athletes who do not finish the race;
- shuttle service for relay athletes from the starting area to the change area and vice versa;
- showers;
- free pasta party for athletes after the end of the race at Parco Segantini on the shores of Lake Levico or at PalaLevico in case of bad weather;
- official program and other information material.

BAG STORAGE - BAG TRANSFER

On the day of the race, athletes can leave their bags at PalaLevico, located 500 m away from the starting line, from 7:30 am to 9:45 am. They can collect them after they finish the race. The event organiser will accept no responsibility for any high-value missing, lost and/or stolen items.

STARTING SECTORS AND PROCEDURES

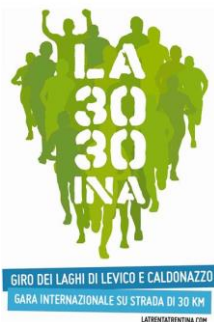
In order to facilitate a smooth flow at the starting line, athletes will be divided into two sectors according to their personal bests in a half-marathon race declared when registering. “Personal best” is intended to be the best time registered during the last 2 years at an official half marathon (21,0975 km). It can be declared on the registration form. The event organiser shall have the right to check the time declared by the athletes and change the assigned bibs in the event of discrepancies. Athletes may notify any changes of their personal best (or add it) before 10/09/2019. Notifications after that date will not be taken into consideration. Any changes will be authorised upon confirmation of the time declared only. Without the required documentation, no notification will be taken into consideration. Assignment of starting sector will be based on the time relating to half marathon ONLY. The event organiser cannot guarantee the right assignment of starting sector for registration received after 10/09/2019. Athletes who leave the “personal best” section of the registration form empty or incomplete will be assigned any sector, according to the event organiser's needs.

- 1ST STARTING SECTOR: athletes with times of up to 1h 32' during the last 2 years (bibs 1-500)
- 2ND STARTING SECTOR: other athletes (bibs 500 and above)

LA 30 TRENTINA 2019 OFFICAL MEDAL

The first 2 500 athletes who finish the race will receive the official 2019 Finisher medal.

CATEGORIES



M/F under-23 athletes
SM/SF senior athletes
SM 35-39 y.o. – SF 35-39 y.o.
SM 40-44 y.o. – SF 40-44 y.o.
SM 45-49 y.o. – SF 45-49 y.o.
SM 50-54 y.o. – SF 50-54 y.o.
SM 55-59 y.o. – SF 55-59 y.o.
SM 60-64 y.o. – SF 60-64 y.o.
SM 65-69 y.o. – SF 65-69 y.o.
SM 70-74 y.o. – SF 70-74 y.o.
SM 75-79 y.o. – SF 75-79 y.o.

TIMING SERVICE AND RESULTS

The timing service and result processing will be provided by MySDAM (Sport Data Management) and will be validated by the Sport Judge.

COMPLAINTS

Any complaints must be submitted via verbal (1st instance) or in writing to the Referee at the Races (2nd instance) to the Judge of Appeal within 30 minutes after results are made official, accompanied by a fee of € 100.00, which is to be returned if the protest is upheld.

VICTORY CEREMONY

The Victory Ceremony will take place on Sunday, 22 September 2019, at 2:00 pm at the arrival area or at the PalaLevico in case of bad weather. The following athletes will receive their prize:

- first 10 athletes in overall men's results
- first 10 athletes of in overall women's results
- first 3 athletes of each SM categories*
- first 3 athletes of each SF categories*

* Prizes cannot be cumulated with the prizes for the first 10 athletes in overall men's/women's results.

Uncollected prizes during the Victory Ceremony will not be given or sent after the event. Caution! Prizes can be collected during the Victory Ceremony only. In the event of failure to collect the prizes, winners will not be notified via written or verbal notification. Uncollected prizes will not be sent at home.

Caution: (from point 4 of Runcard rules): Holders of "RUNCARD, "RUNCARD EPS or "MOUNTAIN AND TRAIL RUNCARD will be regularly included in the overall results but cannot receive monetary prizes or similarities, such as: generic vouchers, bonuses, signing-on fees and any kind of refunds.

MEN / WOMEN PRIZE MONEY



GIRO DEI LAGHI DI LEVICO E CALDONAZZO
GARA INTERNAZIONALE SU STRADA DI 30 KM
LATRENTATRENTINA.COM

NON SOLO RUNNING
Amateur Sports Association

1°: € 500.00
2°: € 400.00
3°: € 300.00
4°: € 200.00
5°: € 100.00

NON-PARTICIPATION AND REGISTRATION FEE REIMBURSEMENT

The registration fee will not be refunded in any circumstances or for any reason. Until 2 September 2019, athletes who are unable to take part to La 30 Trentina 2019 can postpone the registration fee for La 30 Trentina 2020 by sending an e-mail to iscrizioni@sdam.it and by paying the secretariat fees of € 15.00. Registration fees will not be postponed after this date for any reason. Athletes can choose to postpone the registration fee only once. It is not possible to combine this with other discounted fees.

TRANSFER LA 30 TRENTINA REGISTRATION TO THE DUO HALF

On Saturday, 21 September 2019, from 2:00 pm to 7:30 pm, athletes can transfer their registration to La 30 Trentina 30-km race to Duo Half 2X15km race by paying € 7.00 per athlete. Both athletes have to be previously registered to La 30 Trentina 30-km race. Athletes who are not registered to any event and want to form a relay team with another athlete who is already registered must pay € 26.00.

TRANSFER OF REGISTRATION TO ANOTHER ATHLETE

Athletes can transfer their registration to a new participant at the PalaLevico on Saturday, 21 September 2019, from 2:00 pm to 7:30 pm or until Monday, **2 September 2019** by contacting iscrizioni@sdam.it and providing the following documents:

- registration confirmation of the athletes to be substituted (without impeding reasons to the validity)
- FIDAL card/RunCard of the new athlete
- valid medical certificate of the new athletes
- valid ID of the new athletes
- copy of the bank transfer of € 10.00 as secretary.

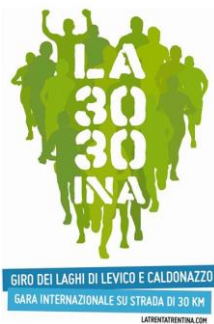
The secretariat fees of € 10.00 is to be paid to the Secretariat when transferring the registration.

IMAGE RIGHTS

By registering to La 30 Trentina, athletes expressly award the event organiser (and the legal persons with which it has professional and commercial ties for the recording of images of the event) the right to use any still or moving pictures taken during La 30 Trentina in which they may appear. The right to use the pictures is awarded free of charge and the pictures may be utilised on any visual media and in promotional and/or advertising materials that are made and broadcasted all over the world, for the maximum time permitted by the laws, regulations and agreements in force, including the possible extension that may be made to the scheduled period. Furthermore, the event organiser may transfer to third parties, institutional and commercial partners the right to use the pictures as set forth in this agreement.

DECLARATION OF RESPONSIBILITY AND PRIVACY POLICY

By registering for La 30 Trentina, athletes accept and state that they are fully aware of these regulations, published on the official website www.latrentatrentina.com and to be at least 20 years old by 22 September 2019. They further declare under their own responsibility to have provided only real data (Art. 2 of Law No. 15 of 04/01/1968 as modified by Art. 3, par. 10 of La2 No. 127 of 15/05/1997) and to relieve the event organiser



NON SOLO RUNNING
Amateur Sports Association

of any penal or civil responsibility for damage to persons or objects made by or derived from them. Art. 13 of Italian Legislative Decree No. 196 of 30/06/2003 as amended by Italian Legislative Decree No. 101 of 10/08/2018 - Personal Data Protection

Moreover, athletes hereby give their consent to the processing of their personal data with the procedures and for the purposes set forth in accordance with the General Data Protection Regulation ([GDPR - Regulation \(EU\) 2016/679](#)) and applicable national legislation.

FINAL REMARKS

The organising committee reserves the right to modify this regulations at any time and for any reason in order to improve the quality of the event, after notification to and approval by FIDAL. For what is not provided for in this regulation, the statutory and technical rules of FIDAL and the Race Officials shall apply.