

RULES 2025

1. **Marcialonga Story** is a revival non-competitive event that celebrates the history of cross-country skiing and recalls the equipment used for this sport before 1976.

Date: Friday 24th January 2025 – 13th edition

2. The event starts from Lago di Tesero and arrives in Predazzo, on the Marcialonga tracks.

Length: 11 Km

Total HD: 157 m.

3. All male and female skiers, 16 years and older, **may enter** this non-competitive event. In order to participate it is mandatory to have old equipment: skis older than 1976 with 75 mm bindings, shoes, poles and cross-county ski clothing corresponding to that period. A special team of experts will check the status of the global equipment.

4. **Entries** must be submitted on-line on www.marcialonga.it or by filling in the entry form. In case of entries with bank transfer the receipt of payment must be sent to info@marcialonga.it. Incomplete entry forms or without the payment will not be accepted.

There is a maximum of 300 skiers fixed and it will not be possible to register on spot.

5. The **entry-fee** is:

- 35,00€ until 31st December 2024
- 40,00 € from 1st to 23rd January 2025

The fee **includes**:

- the bib;
- the gadget;
- the diploma;
- transport of clothing to the finish (the O.C. is not responsible for clothing not delivered to the indicated collection point);
- refreshments;
- transfer to the start (from Predazzo to Lago-XC stadium);
- all other services provided by the Organising Committee.

A **discount of 5,00€** is reserved to:

- competitors already registered in one of the other Marcialonga events;
- competitors born in 1964 or before;

Offers cannot be combined.

For those **who cannot take part in the race**, the OC gives the possibility to ask for the **fee transfer** to another person. The request must be sent by email to info@marcialonga.it or fax +39 0462.501120, with all the data of the new racer, within the 25th of January. The fee for the name change is 10,00 € that will be requested at the bib collection.

Entry-fees will not be returned for any reason and are not valid for next editions.



MARCIALONGA

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6. Starts numbers collection is at Palafiemme in Cavalese during the following days:
 - Thursday 3:00 – 7:00 p.m.
 - Friday 9:00 a.m. – 3:00 p.m
7. The **equipment check** will be done at the XC-Ski Stadium, Lago di Tesero before entering the starting area from 3:00 to 4:30 p.m.
8. The **Mass Start** is at 4:30 p.m.
In the intention of a non-competitive event, competitors must proceed at a controlled pace so as not to pass too early in Ziano di Fiemme. **A time gate is set up in the locality of Roda – Ziano di Fiemme, which will be open only from 5:15 pm to allow the passage towards Predazzo.**
The time limit is 2 hours.
9. There is one **feeding station** in Ziano di Fiemme and the final feeding station in Predazzo after the arrival.
10. **The finish line** is in the main square of Predazzo, where participants will receive a diploma as a souvenir of the event.
11. **Medical assistance** is provided along the course.
12. There is no **technical assistance** nor waxing service: each competitor must ski the course in full autonomy.
13. All participants are invited to respect the reminiscent spirit of our event and to follow the indicated criteria for all the accessories (skis, sticks, shoes, clothing etc.). The Organizers reserve the right not to admit to the start skiers with unsuitable or farcical clothing or attitudes. Skiers who deliberately cause obstruction to other skiers or who either jeopardize the security of persons or property or actually cause injury or damage, will be disqualified. Please keep the environment clean and use the dedicated points and containers to throw away plastic and food waste.
14. Appeals must be submitted to the Organising Committee within 10 minutes after the event is finished.
15. For circumstances beyond one's control, the Organising Committee can decide to make changes to the course or cancel the event.
16. It must be clear that it is necessary to be physically and technically well-prepared to take part in Marcialonga Story: for this reason, every participant must be personally responsible for their health condition, declaring to be properly trained. Skiers acknowledge and accept these regulations by sending the entry-form, exempting the Organising Committee from any liability in case of damage done or suffered.

