



## PROGRAMME & RACE RULES

The Marcialonga Organising Committee, in co-operation with the Cornacci Ski Team Tesero, organises on 25<sup>th</sup> and 26<sup>th</sup> of January 2020 the "Marcialonga Young", a promotional cross-country ski race in classic technique open to young skiers (born from 2000 to 200), members of the National Associations belonging to F.I.S.

### CATEGORIES

M – L 2007 – 2006  
M – L 2005 – 2004  
M – L 2003 – 2002  
M – L 2001 – 2000

### ENTRIES

Entries are possible not later than Friday 24<sup>th</sup> January at 12.00 a.m., sending the [enclosed entry-form](#) accompanied by the receipt of the payment of the entry-fee of 10,00 €, to the fax number 0039 0462 501120 or to the mail address [entry@marcialonga.it](mailto:entry@marcialonga.it).

The payment must be done to the bank Cassa Rurale di Fiemme – 38037 Predazzo – Italy  
IBAN IT2750818435280000000083816 – Swift CCRTIT2T50A

On the entry-form all personal details must be clearly written. Entries which are incomplete or without the entry-fee will not be accepted.

The number of entries reserved to foreign athletes is limited to 50.

### RACE OFFICE

Start-numbers will be distributed in the race office in Lago di Tesero:

SATURDAY 25.01.2020 from 1.00 p.m. to 2.00 p.m. M – L 2007 – 2006

SUNDAY 26.01.2020 from 7.30 a.m. to 8.30 a.m. M – L 2005 – 2004  
M – L 2003 – 2002  
M – L 2001 – 2000

### COURSE

4 km Lago di Tesero M – L 2007 – 2006  
9 km Lago di Tesero – Cascata – Cavalese M – L 2005 – 2004  
L 2003 – 2002/ L 2001 – 2000  
14 km Lago di Tesero – Molina di Fiemme – Cavalese M 2003 – 2002/ M 2001 – 2000

### TECNIQUE

The race is in classic technique; the free technique is forbidden and leads to disqualification; this will be strictly supervised all along the course by the officials in charge. The waxing of the skis is only permitted if done by the athlete him/herself – with no external help. The Jury has the right to penalise or disqualify the competitors who break these rules. Competitors who deliberately linger on the track or are no longer able to continue the race, will be disqualified.

## **START**

Lago di Tesero – Cross-country Ski Stadium

25.01.2020	2.30 p.m.	Mass Start	M – L 2007 – 2006
26.01.2020	8.45 a.m.	Mass Start	M 2005 – 2004
26.01.2020	8.50 a.m.	Mass Start	L 2005 – 2004, L 2003 – 2002, L 2001 – 2000
26.01.2020	9.00 a.m.	Mass Start	M 2003 – 2002, M 2001 – 2000

## **GATES**

Molina di Fiemme	09.30 a.m.
Cascata fork	09.45 a.m.
Cascata street	10.00 a.m.

## **PRIZE GIVING CEREMONY**

The top three of each category will be awarded:

Saturday 25.01.2020 straight after the awards ceremony of the Minimarcialonga

Sunday 26.01.2020 straight after the finish.

## **PROTEST**

Protests must be delivered to the Jury within 15 minutes after the end of the race, accompanied by 50,00 €. The fee will be refunded if the protest is accepted.

## **TEAM CAPTAINS MEETING**

The TCM is scheduled Friday 24<sup>th</sup> at 5.00 p.m. in the Race Office – Lago di Tesero.

## **NOTICE**

The Organising Committee has the right to vary these race-rules, to make changes to the course or to cancel the race.

Competitors acknowledge and accept these regulations by sending the entry-form, exempting the Organising Committee from any liability in case of damage done or suffered. For any other matter not in the present rules, it is to be considered the F.I.S. Guidelines for promotional races.